

LESSON PLAN

Name of Assistant Professor: Dr. Tanjum Kamboj

Class: BMC 6th Semester

Subject: Personality Development and Presentation Skills

Lesson Plan: From January 2020 to April 2020

Week 1 01.01.2020-04.01.2020	Introduction to Personality Development The concept of personality–Significance of personality development.
Week 2 06.01.2020-11.01.2020	The concept of success and failure: What is success?
Week 3 13.01.2020-18.01.2020	Hurdles in achieving success - Overcoming hurdles - Factors responsible for successQ
Week 4 20.01.2020-25.01.2020	What is failure - Causes of failure. SWOT analysis.
Week 5 27.01.2020-01.02.2020	Attitude & Motivation Attitude, Concept, Significance, Factors affecting attitudes
Week 6 03.02.2020-8.02.2020	Positive attitude – Advantages –Negative attitude, Disadvantages - Ways to develop positive attitude-
Week 7 10.02.2020-15.02.2020	Class test
Week 8 17.02.2020-22.02.2020	Differences between personalities having positive and negative attitude. Concept of motivation, Significance, Internal and external motives
Week 9 24.02.2020-29.03.2020	Importance of self- motivation- Factors leading to de-motivation
Week 10 02.03.2020-07-03-2020	Self-esteem Term self-esteem - Symptoms - Advantages - Do's and Don'ts to develop positive self-esteem – Low self esteem - Symptoms
Week 11 09.03.2020-14.03.2020	KUK Vacation
Week 12 16.03.2020-21.03.2020	Personality having low self esteem - Positive and negative self esteem. Interpersonal Relationships